



# MYERS-BRIGGS TYPE INDICATOR

## Workshop group feedback

# MBTI | Myers Briggs Type Indicator...SIGNIFICANT INFORMATION

used by more  
than 80% of  
Fortune 500  
companies

115 countries  
29 Idioms

more than 70  
years of  
scientific  
research

16 types of  
personality





# MBTI | ...what can and what cannot be measured using MBTI

## What mbti CAN do

- Measure your personality preferences in the MBTI framework
- Provides career insight into what jobs you'll find interesting
- Help you understand behavior and personality preferences
- Give you insight into communication habits
- Help you better understand other people.

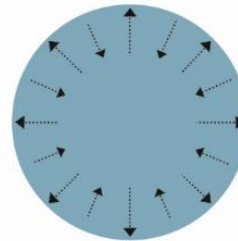
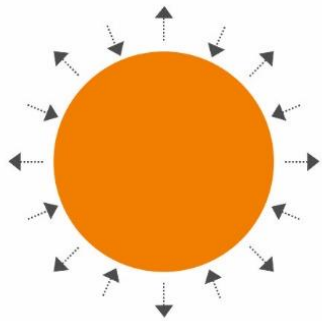
## What mbti CAN'T do

- Measure or predict job performance
- Tell you about aptitude for a job
- Reveal your perfect companion
- Predict the future
- Match you with celebrity personality types
- Tell companies who they should hire.

# MBTI | The four dimensions of type

EXTRAVERSION

INTROVERSION



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**Where do you get your energy from?**

Seeks energy from the outside world and is more action-oriented

Seeks energy from within and is more reflective

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# MBTI | The four dimensions of type

## EXTRAVERSION

- Tend to act before thinking
- Prefer to get into action
- Talk things through
- More expressive when interacting
- Gain energy from interaction
- Have a breadth of interests.

## INTROVERSION

- Tend to think before acting
- Prefer to spend time on reflection
- Think things through
- More contained when interacting
- Gain energy from concentration
- Have a depth of interests.

**We all use both preferences, but not with the same level of comfort**

# MBTI | The four dimensions of type

SENSING

INTUITION



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What kind of information do you prefer to use?

Prefers objective, factual information that is perceived through the senses

Prefers to see the big picture, looking for patterns and connections between information

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# MBTI | The four dimensions of type

## SENSING

- Want to know the facts
- Look at the specifics
- Adopt a realistic approach
- Focus on the here and now
- Ensure things work in practice
- Collect observations.

## INTUITION

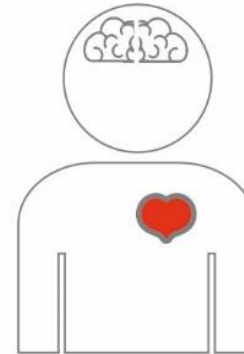
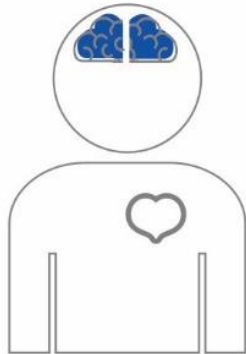
- Seek out new ideas
- Look at the bigger picture
- Adopt an imaginative approach
- Anticipate the future
- Ensure things work in theory
- Use conceptual frameworks.

**We all use both preferences, but not with the same level of comfort**

# MBTI | The four dimensions of type

THINKING

FEELING



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**What process do you use to make decisions?**

Prefers to analyze situations in a logical, rational, and detached way

Prefers to focus on people's values and feelings

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# MBTI | The four dimensions of type

## THINKING

- Apply logical reasoning
- Use cause and effect analysis
- Seek objective truth
- Decide using impersonal criteria
- Focus on tasks
- Provide a critique.

## FEELING

- Apply individual values
- Understand others' viewpoints
- Seek harmony
- Decide by personal circumstances
- Focus on relationship
- Offer praise.

**We all use both preferences, but not with the same level of comfort**

# MBTI | The four dimensions of type

JUDGING

PERCEIVING

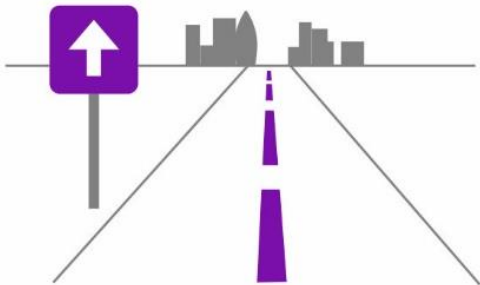
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**How do you deal with the world around you?**

Prefers to have their life organized, planned, and decided

Prefers to keep planning and organizing decisions about their life open

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# MBTI | The four dimensions of type

## JUDGING

- Like to come to closure
- Make plans
- Act in a controlled way
- Prefer to act within a structure
- Prefer to schedule activities.

## PERCEIVING

- Keep a range of choices available
- Remain flexible
- Respond to emerging information
- Prefer to go with the flow
- Prefer to be spontaneous.

**We all use both preferences, but not with the same level of comfort**



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TYPE INDICATOR**

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**THANK YOU!**

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